



# PREVENTIVE HEALTH SCREENINGS, BY AGE

|                                                                                                                                | AGE TO ADMINISTER                    |    |    |    |    |    |    |    |    |  |  | FREQUENCY                                                                                                               |
|--------------------------------------------------------------------------------------------------------------------------------|--------------------------------------|----|----|----|----|----|----|----|----|--|--|-------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                | 0                                    | 10 | 20 | 30 | 40 | 50 | 60 | 70 | 80 |  |  |                                                                                                                         |
|  <b>FLU VACCINE</b>                           | <div>6 MONTHS OLD80+ YEARS OLD</div> |    |    |    |    |    |    |    |    |  |  | Everyone age 6 months and older should receive one dose annually.                                                       |
|  <b>HPV VACCINE</b>                           | <div>1126</div>                      |    |    |    |    |    |    |    |    |  |  | Two doses are recommended for people 11 to 15 years old and three doses for people 15 to 26.                            |
|  <b>COVID-19 VACCINE</b>                      | <div>1280+</div>                     |    |    |    |    |    |    |    |    |  |  | One or two doses depending on the vaccine type.                                                                         |
|  <b>HEPATITIS C SCREENING</b>                 | <div>1879</div>                      |    |    |    |    |    |    |    |    |  |  | Adults age 18 to 79 should have a one-time blood test.                                                                  |
|  <b>STI + HIV SCREENING</b>                   | <div>1880+</div>                     |    |    |    |    |    |    |    |    |  |  | Regular testing for sexually transmitted infections, including HIV, is based on sexual activity and other risk factors. |
|  <b>CERVICAL CANCER SCREENING</b>            | <div>2165</div>                      |    |    |    |    |    |    |    |    |  |  | Women should be screened every 3 years from 21 to 30 years old, and every 5 years from 30 to 65.                        |
|  <b>LIPID PANEL &amp; BLOOD PRESSURE</b>    | <div>2080+</div>                     |    |    |    |    |    |    |    |    |  |  | Lipid levels & BP should be checked regularly.                                                                          |
|  <b>DIABETES SCREENING</b>                  | <div>2080+</div>                     |    |    |    |    |    |    |    |    |  |  | Hemoglobin A1c, which measures blood sugar control over three months, should be checked regularly.                      |
|  <b>BREAST CANCER SCREENING</b>             | <div>4075</div>                      |    |    |    |    |    |    |    |    |  |  | Women should have their first mammogram between age 40 and 50, repeated every 1 to 2 years until 75.                    |
|  <b>COLON CANCER SCREENING</b>              | <div>4575</div>                      |    |    |    |    |    |    |    |    |  |  | Normal colonoscopies should be repeated every 10 years; normal stool screenings should be repeated annually.            |
|  <b>PROSTATE CANCER SCREENING</b>           | <div>5069</div>                      |    |    |    |    |    |    |    |    |  |  | Screening includes a physical exam and PSA blood test. Frequency determined by physician based on personal risk.        |
|  <b>SKIN CANCER</b>                         | <div>2080+</div>                     |    |    |    |    |    |    |    |    |  |  | Annual skin check if high risk (fair skin, lots of sun, moles)                                                          |
|  <b>LUNG CANCER SCREENING</b>               | <div>5080+</div>                     |    |    |    |    |    |    |    |    |  |  | Anyone who has smoked the equivalent of one pack a day for 20 years should have an annual chest CT scan.                |
|  <b>OSTEOPOROSIS SCREENING</b>              | <div>6580+</div>                     |    |    |    |    |    |    |    |    |  |  | Women should have their first DEXA bone scan at 65, repeated as determined by their physician.                          |
|  <b>ABDOMINAL AORTIC ANEURYSM SCREENING</b> | <div>6575</div>                      |    |    |    |    |    |    |    |    |  |  | Men between 65 and 75 years old who have ever smoked should have a one-time screening.                                  |