

Access a health program built just for you

NMPSIA is offering Omada® to help people reach and maintain a healthy weight with one-on-one health coaching and the tools needed to build healthy habits that stick.

The best part: the program—a \$700 value—is **no cost to you** if you're clinically eligible and enroll.

With Omada, you'll get

-  One-on-one support from a health coach
-  Easy monitoring with a smart scale and tools
-  AI-powered tools, like OmadaSpark, to track food and get instant nutrition answers
-  A personalized plan with recommendations tailored to your routine and preferences

\$0
cost to you



Start with a welcome kit

A smart scale shipped to your door after enrollment—yours to keep at no extra cost.

If at risk for type 2 diabetes or heart disease, or living with diabetes and high blood pressure, and eligible, NMPSIA will pay for the entire cost of the program.



Claim My Benefit:

omadahealth.com/NMPSIA