



**October 1, 2023
COBRA MONTHLY RATES**

**Qualified Beneficiary Premiums
(102% of the Full Monthly Premium)**

BENEFIT AND CARRIER	Single Premium	2 Party Premium	Family Premium
MEDICAL			
Blue Cross Blue Shield of NM			
High Option Plan	\$941.15	\$1,789.86	\$2,390.58
Low Option Plan	\$652.50	\$1,240.99	\$1,657.57
Exclusive Provider Organization (EPO) Option*	\$847.01	\$1,610.84	\$2,151.49
Cigna			
High Option Plan	\$898.64	\$1,734.76	\$2,325.15
Low Option Plan	\$625.97	\$1,208.37	\$1,619.64
Presbyterian			
High Option Plan	\$761.06	\$1,598.13	\$2,131.01
Low Option Plan	\$527.74	\$1,108.09	\$1,477.53
DENTAL			
Delta Dental			
High Option Plan	\$29.17	\$55.53	\$87.25
Low Option Plan	\$14.61	\$27.81	\$43.64
United Concordia			
High Option Plan	\$29.17	\$55.53	\$87.25
Low Option Plan	\$14.61	\$27.81	\$43.64
VISION			
Davis Vision	\$6.40	\$10.70	\$14.44

* EPO Plan – A managed care plan where services are covered only if you go to providers (*doctors, specialists, hospitals, etc.*) in the plan’s network (*except in an emergency*).