

Request your Home Kit before
October 1

Get your **VirtualCheckup™**
anywhere, anytime!



Work



Vacation



Home



Request your Home Kit at VirtualCheckup.com/NMPSIA
or scan the QR code. **Act now!** The last day to register for your
VirtualCheckup™ Home Kit is October 1.

or



Schedule your Onsite Checkup, available at some of our work
locations, by visiting TimeConfirm.com/NMPSIA.



Who's eligible?

All Blue Cross Blue Shield of
New Mexico members aged
18 and over.



Why participate?

Getting a health checkup has never
been easier! Know your health
status related to diabetes, heart
disease and stroke. Review your
results with a board-certified Nurse
Practitioner via virtual consultation
and develop a personal action plan.