

The New Mexico Public Schools Insurance Authority (NMPSIA) PRESENTS *the June Wellness Webinar*





Tuesday, June 8, 2020, 3:30-4:30 PM

REGISTER HERE:

https://zoom.us/meeting/register/tJIIdeqopjsrEtPujruonBWEQXn3Nlu 1s0zj

Jennifer Marberry, MS, CHES

Jennifer is an experienced health coach who leads the Health Coaching and Diabetes Prevention Program for The Solutions Group. When coaching clients, she focuses on lifestyle behavior changes to improve health. She specializes in physical activity management, weight loss, sleep, stress management and chronic disease prevention.

Can't make the webinar? No problem.

All registrants will receive a recording of the webinar sent to their email.



