



New Mexico
Public Schools
Insurance
Authority



NMPSIA
Wellness

Wondr more, stress less (and lose weight).

When our head isn't in the right place, our body feels it— and vice versa. New Mexico Public Schools Insurance Authority is offering a skills-based digital weight loss program that will not only help you lose weight but come out of hard times healthier and happier than ever— at no cost to you.*

Space is Limited

Learn more at wondrhealth.com/NMPSIA

Apply between 10/16/2023 - 10/29/2023.

The program begins 11/13/2023.

*Employees, spouses and covered dependents age 18 and over enrolled in the BCBSNM medical plan are eligible to apply to the program.

Kimberly N.
Community Manager

Lost 65 lbs
Gained Better Sleep

