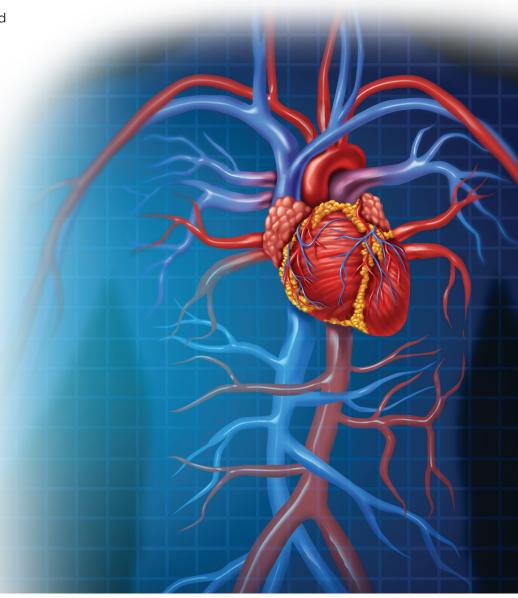


## Cardiovascular Disease

## Heart disease and periodontitis (gum disease) are connected!

Research shows that gum disease and heart disease are associated through chronic inflammatory mediators. The association extends to stroke as well; however, stroke is more associated with an antibody response to certain bacteria in the mouth.

Regular dental visits can prevent or treat gum disease, reducing the effect of inflammation on your heart health.





Visit us online for more information on oral and overall health!

Healthy Smile, Happy Life

Delta Dental of Arkansas, Indiana, Kentucky, Michigan, New Mexico, North Carolina, Ohio, and Tennessee

Source: American Academy of Periodontology, "Gum Disease and Heart Disease," web.