New Mexico Public Schools Insurance Authority							
Side-by-Side Medical Plan Benefit Comparison Chart							
These are only summaries that list th The High and Low Option Plan The Exclusive	e member cost-sharing amou	nts and provides a brief descr ss BlueShield of New Mexico only offered by BlueCross Blu	iption of NMPSIA Health Plan (BCBSNM) and Presbyterian H ueShield of New Mexico.				
NMPSIA Health Plan Benefits There is no overall lifetime maximum benefit. However, certain services have maximum annual limits. (Deductible applies unless specified as "deductible waived")	High Option PPO Benefits Member's Share of Covered Charges		Low Option Member's Share o	EPO Benefits Member's Share of Covered Charges			
See below:	In-Network Provider	Out-Of-Network Provider	In-Network Provider Out-Of-Network Provid		Preferred Provider (Narrow Network)		
Calendar Year Deductible Individual Family	\$750 \$1,500	\$1,500 \$3,000	\$2,000 \$4,000 \$4,000 \$8,000		\$500 \$1,000		
Member Coinsurance	20%	40%	25%	50%	20%		
Annual Out-Of-Pocket Limit (Includes copayments, coinsurance, and deductibles) Individual Family	copayments, coinsurance, and deductibles) \$4,100 \$9,500 \$8,200 \$19,000		\$4,100 \$8,200	\$9,500 \$19,000	\$3,250 \$6,500		
Office Visit/Exam Charge Office and Home Visits/Exams or Consultation	Office Visit Copay (deductible waived)		Office Visit Copay (deductible waived)		Office Visit Copay (deductible waived)		
Primary Preferred Provider Office/Home Visit Specialist/Office/Home Visit	\$25 \$50	40% 40%	\$30 \$60	50% 50%	\$25 \$35		
Telehealth (Virtual video visit access) * No charge when utilizing a nationwide network of providers for non-urgent healthcare.	\$0*	Not Covered	\$0*	Not Covered	\$0*		
Urgent Care (Includes all services and supplies, in facility x-rays, labs, physician fees)	\$50 copay (deductible waived)	40%	\$60 copay (deductible waived)	50%	\$35 copay (deductible waived)		
Emergency Room Treatment Physician and other professional provider charges	\$450 copay (deductible waived)		\$450 copay		\$150 copay plus 20% coinsurance		
Ambulance Service: Ground and Emergency Air Transport	\$50 copay (deductible waived)		25% coinsurance		\$25 (deductible waived)		
Ambulance Services: Inter-facility Transport	\$0 (deductible waived)		\$0 (deductible waived)		\$0 (deductible waived)		
Routine/Preventive Services (included but not limited to the following) Routine Annual Physicals, Well Member Screenings, and Routine Tests Colonoscopy Gynecological Exams and Mammograms Health Education Counseling Family Planning (birth control devices and therapies; in office surgical sterilization) Immunizations (including travel immunizations) Well-Child Care (Routine Vision or Hearing Screenings through age 19)	Plan pays 100% (deductible waived)	40% (deductible waived)	Plan pays 100% (deductible waived)	50% (deductible waived for routine testing only)	Plan pays 100% (deductible waived)		
Lab, X-Ray, and other Basic Diagnostic Tests No charge for Professional Interpretation & Reading - non-routine (Office/Freestanding Lab or Radiology Facility)	Up to \$30 copay, per day (deductible waived)	40%	Up to \$35 copay, per day (deductible waived)	50%	Up to \$25 copay, per day (deductible waived)		
Lab, X-Ray, and other Basic Diagnostic Tests No charge for Professional Interpretation & Reading - non-routine (Outpatient Department of Hospital)	Up to \$60 copay, per day (deductible waived)	40%	Up to \$70 copay, per day (deductible waived)	50%	Up to \$50 copay, per day (deductible waived)		
High Tech Imaging: MRI, MRA, CT Scan, PET Scan No charge for Professional Interpretation & Reading (No charge for breast imaging)	Up to \$600 copay, per day (deductible waived)	40%	Up to \$700 copay, per day (deductible waived)	50%	Up to \$500 copay, per day (deductible waived)		



σ	A PRESBYTERIAN	BlueCross BlueShield of New Mexico			BlueCross BlueShield of New Mexico Well OnTarget Well onTarget: Online Member Wellness Portal with several tools	
	*Life on Mindfulness: Online	Learn to Live: Digital		• •		
	Platform with live workshops &	programming with lessons, activities and one-to-one support.		Wellness at Work: Online wellness		
T	daily live guided meditations			portal with tons of wellness tools		
				you can utilize. Everything is	and resources to assist you in a	
ta	Talkspace: Messaging Therapy for			covered from nutrition, physical	personalized health & wellness	
Ξ	emotional wellbeing			activities, health challenges, event	journey.	
				registration, and health education.		
	My Stress Tools: Online suite of		Onl			
	stress management and resilience-			Mobile App: nulse	Mobile App:	
	building resources			Virgin Pulse	Always On	

	New Mexico Publi	c Schools Insuranc	e Authority			
Side-	by-Side Medical P	lan Benefit Compa	arison Chart			
These are only summaries that list t The High and Low Option Plar The Exclusive	ne member cost-sharing amou ns are available under BlueCro Provider Organization (EPO) i	•	iption of NMPSIA Health Plar BCBSNM) and Presbyterian H IeShield of New Mexico.			
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See below:	In-Network Provider Out-Of-Network Provider		In-Network Provider	Out-Of-Network Provider	Preferred Provider (Narrow Network)	
	Inpatient Hos	pital/Facility Services	(EPO Option copays are waived if you are re-admitted for the same condition within 15 days of discharge or transferred to a rehab or skilled nursing facility within 15 days of discharge from an acute care facility.)			
Medical/Surgical Acute Care and Maternity-Related Room & Board (Covered Ancillaries and Related Professional Charges) Skilled Nursing Facility (max. 60 days/calendar year) Inpatient Physical Rehabilitation	20% coinsurance	40% coinsurance	25%	50%	\$500 facility copay per admission plus 20%	
Observation Stay including Related Professional Charges	\$100 facility copay plus 20%	40%	25%	50%	\$100 facility copay plus 20%	
	Mate	ernity Services				
Physicians Midwife Services (Delivery, pre- and post-natal care, including lab, diagnostic testing, and pre-natal genetic testing, when medically necessary)	\$25 Office Visit 40% Copay/Initial Visit		25%	50%	\$25 Office Visit Copay per Initial Visit	
Hospital Admission (Including routine newborn nursery charges)	20% coinsurance	40%	25%	50%	\$500 copay per pregnancy plus 20%	
Extended Stay - (non-routine) Charges for covered Newborn apply	20% coinsurance	40%	25%	50%	\$500 facility copay per admission plus 20%	
Home Birth	20%	40%	25%	50%	20%	
Administered by		Drug Pharmacy Benefit Caremark Customer Service	e Center: 1-877-787-0652			
Prescription Drug Annual Out-Of-Pocket Limit (Includes copayments and coinsurance)	\$3,000/	'Individual 0/Family	\$3,000/Individual \$6,000/Family		\$3,100/Individual \$6,200/Family	
Retail Pharmacy Generic Preferred Brand-Name Non-Preferred Brand-Name	Up to \$10 copay (30-day supply); \$22 copay (31-90 day supply) 30% coinsurance (\$30 minimum / \$60 maximum); \$60 copay (31-90 day supply) 70% coinsurance (30-90 day supply)					
Mail-Order Service Pharmacy Generic Preferred Brand-Name Non-Preferred Brand-Name	\$22 copay (one 90-day supply) \$60 copay (one 90-day supply) 70% coinsurance (one 90-day supply)					
Prescription Specialty Drugs Specialty drugs require preauthorization by calling CVS Caremark Specialty Pharmacy at 1-866-387-2573.	Per 30-day supply of Specialty Medications through CVS Specialty Pharmacy; Generic \$55 Preferred Brand-Name \$80 Non-Preferred Brand-Name \$130					
Members may qualify for Specialty drug copayment assistance available via enrollment in the PrudentRx program for certain Specialty drugs. To enroll, contact PrudentRx at 1-800-578-4403.	Non-essential health benefit specialty pharmacy drugs under the PrudentRx program do not accumulate to the Outpatient Drug Out-of-Pocket Limit.					
Immunizations at a Retail Pharmacy Administered by a Certified Pharmacist.	\$0 copy (Contact CVS Caremark for list of Certified Pharmacists and qualified vaccinations.)					



unts			BlueCross BlueShield of New Mexico	S	A PRESBYTERIAN	BlueCross BlueShield of New Mexico
& Disco	Rewards	NMPSIA Wellness Rewards: Earn up to \$75 in Amazon.com gift cards by participating in wellness activities.	Blue Points: Redeem points in the online Shopping mall with over a million products.	nt Los	Health Coaching through The Solutions Group	Wondr Health Obesity & Metabolic Syndrome Reversal Program
Incentives &	Gym Memberships	Fitness Pass Membership	Fitness Programs- Unlimited access to tiered national gym network including digital programs.	Weigh	Health Coaching through Good Measures Noom: App that is a Psychology-	
	Discounts	Presbyterian MemberPerks	Blue 365 Health & Wellness Discounts		based program to help individuals make healthier choices.	