

The UCD Wellness Connection

April 9, 2024



Women are at higher risk of eye disease

The impacts from vision loss can be lessened if detected and treated early. Here's why it's important for women.

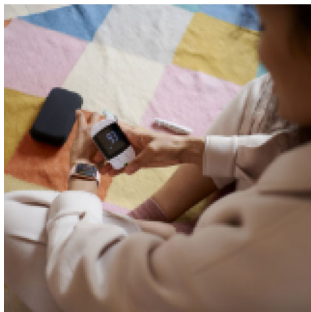
[Here's why it's important for women →](#)



Four surprising oral health conditions linked to stress

Stress can sometimes take a toll and cause uncomfortable symptoms.

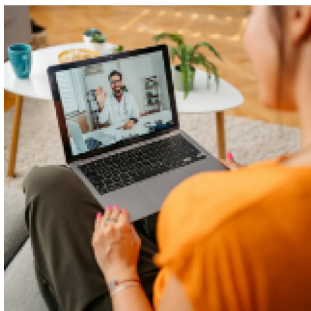
[Look for these signs →](#)



Oral health: The window to your overall health

Did you know regular dental visits can improve overall health outcomes?

[Here's how →](#)



Our teledentistry service has a new name

Dental emergencies happen when you least expect them.

[Learn about Dental.com →](#)

This content is for educational and informational purposes only. It should not be a substitute for dental, medical or other professional health care advice, diagnosis or treatment. If you have any questions or concerns, please consult a dentist, doctor or other qualified health care provider.

Want to change how you receive our email? You can [update your preferences](#) or [unsubscribe](#).

Email not showing? [View the web version](#) or [download the PDF](#).

[Lea en Español](#)